



Christmas is coming and the goose is getting fat. We hope you all have a lovely Christmas and a Prosperous New Year, wherever you will be spending it. Here is the December news for your interest.



### Roy Hartley reaches Grand Canary

Storm Barney has had a massive impact on the Atlantic and S/Y Ocean Venture has had a timely passage and arrival at Grand Canary. Video footage on Facebook shows the high sea wall taking the full force of the storm. Here is Roy's latest message "All is going well on our trip. We set off from Cowes at 17:00 hrs on 18/10/15. Quite an uneventful trip along the English channel, the crossing of Biscay was also very calm by Biscay standards, we had our Foremain and Main Sail up along with the Asymmetric. We were doing well until we lost the lazy sheet line under the boat, which of course wrapped itself around the prop shaft and some on to the rudder. We carried on because the sea state was up. But before Finistère we managed to get an opportunity to get in the water and cut the rope away. During our crossing of Biscay we sighted a whale and numerous dolphins.

We called in at Porto to break up the crossing, just an overnight, arriving at 18:30 hrs on 23<sup>rd</sup> October, because wind patterns were changing. Porto what a beautiful city, we drank the local beer and sampled a lot of the local delicacies in a tapas meal. I had my first glass of white Port, (didn't realise that there was such a drink).

We left Porto at 07:00 hrs on the 24/10/2015 and sailing up the Portuguese coast to Cascais, arriving at 10:00 hrs on 25/10/15, where we stayed for several days, waiting on changing wind patterns. A good port of call, I sampled many pints of Kilkeny and ate a lot of Sardines. Leaving Cascais, Lisbon on the 31<sup>st</sup> October at 06:00hrs we were met at the harbour entrance by a very lumpy sea, and 7 metre swells, these lasted throughout the first day of sailing, we were making good progress surfing down the swells. We spotted a family of whales and several schools of dolphins along our route to Las Palmas. The winds abated and we had to motor into Las Palmas on flat calm, mirror like seas on a beautiful

warm day, arriving at 18:25 on 2<sup>nd</sup> November. From the 2<sup>nd</sup> November to 22<sup>nd</sup> November we have been preparing the boat for the race, changing out a pump, stowing the anchor, drying out sails/ropes etc etc. In the evening we have joined in the party atmosphere for the start of the ARC+ race, and during this last weeks, joining in the sundowners (on a nightly basis), plus the various crew parties, something going on every night. Today the 20<sup>th</sup> November we have been getting all the provisions required for the trip onboard and had a diver in the water checking out our hull for any barnacles and damage before the race. The crew have been arriving during these last few days, including the skipper.

For updates during the race, we will write a daily blog that will be posted under Ocean Venture on the ARC website.

The first few days of sailing look to be good with 20-30 knot winds forecast. Our skipper believes we can do the race in 2 weeks if we are not becalmed, I hope so as I have booked my flights home on the 10 and 11 Dec which gives me 18 days from the start. Thats it for now - Best wishes - Roy "



"Ocean Venture" with Gennaker and hob goblin





### Mimis has passed "Over the Bar"

I heard from Yiannis at the Beach that his trusty aid Mimis has passed away. I will miss him, as will all those Members who knew him and followed his activities. Mimis built the two Rib sheds for us he also kept the electricity running for the Beach Cafe



**Mimis built our first RIB Shed all on his own. He always preferred to work alone so it was slow heavy work.**

Mimis had cancer and was ill for well over a year. I last saw him at the General hospital in September and he was jovial and chatting to the waiting patients.



### Mimis laying the footings of RIB Shed #1

Mimis built our first RIB Shed from the recycled timbers of the original collapsed shed on the Site. He had a failsafe way to kill the termite infestation which I won't describe here!

Mimis, in his inimitable fashion using his home made ladder, also worked with Andreas on the much larger

and quicker build of the second RIB Shed. It was finished in time for the arrival of the new RIB "Safety Koula" Which was great news.



### Mimis taking a break

Mimis was always referred to as "Einstein" by Yiannis because Mimis could turn his hand to anything. That was part of the Reason anyway! Apart from building the RIB Sheds Mimis was actually an electrician in Paphos, although he stripped and rebuilt Yiannis' ancient engines many times at the Beach. Over the five years we knew him he did the Club proud. I spent quite some time digging out these pictures from my archives and I'm glad now that I found them. I also found a letter that I wrote to Yiannis and Koula on the building of the second RIB shed and I wrote at the time "Mimis has done well to finish the doors and roof before the rains and we will help him with the finishing off of the locks etc in due course". Mimis leaves a widow.

**RIP Mimis.** Thanks for your many efforts! **We will miss you**



### PISC VHF Course

Just to remind you that I will be running a VHF radio course on 12 January 2016. The course will be held in the clubhouse from 08:30 to 13:00 and aims to teach radio etiquette, correct voice procedures, the phonetic alphabet and emergency procedures. Members interested in undertaking this short course should contact the Training Officer. If you have a handheld VHF radio bring it along. The course follows RYA radio guidelines with emphasis on activities at Agios Georgios. It also impresses on the larger picture using International radio channels.



## PISC Safety Boat Coxswains course on December 9<sup>th</sup> and 10<sup>th</sup>

Four members will be on the next Safety Boat Coxswains course. John Tremain, Scotty and I will be instructing. The second day of the course will be a normal Thursday sailing day so we would like 4 or 5 dinghies, (or more) to be available on the water to witness capsizing and mast lift recovery by the RIB students. We also wish to demonstrate herring bone towing of up to six dinghies. If you can attend please contact John Tremain or me. We would like other volunteers to help with launching and on sailing boats. All would be welcome so please contact John T or me.

**CYSAF Training** – Also mentioned in last months news CySaF is hosting an ISAF Technical Course for Coaches Level 1 (Sailing Instructor Training) course that will take place over the period Saturday 16<sup>th</sup> to Thursday 21st January 2016 in Limassol. This course is aimed at experienced sailors who can confidently sail in Force 4 conditions. The course is offered to members who wish to learn how to instruct sailing and are willing to be involved in sail training in the future.

Course fees and lunch each day will be paid by CySaF. Course places are limited so if you are interested then please contact the club Training Officer as soon as possible.

**PISC Training Programme** - The annual Training Programme is regularly updated as course dates are firmed up and resources become available. Details can be found on the club website, go to 'On the Water' section and Training is listed in the drop down menu.



## ISAF & ROLEX Sailor of the year Winners

I said in the last edition that I would let you know the results of the ISAF Rolex World Sailor of the Year Awards. They took place during the ISAF Annual Conference in China, the most important gathering of the year for the top athletes, leaders and decision makers in the sport of sailing.



These prestigious Awards, sponsored by Rolex since 2001, are the highest recognition a sailor can achieve and are based on a sailor's results over a twelve-month period (eg. from September 2014 to the end of September 2015). Competition for the 2015 Awards was remarkable, with five outstanding female and five equally exceptional male candidates short-listed from a list of nominations made by the public at large.



**Sarah Ayton receiving the ladies top award**  
Double Olympic gold medalist and the only female competing on the Extreme Sailing Series, Ayton was awarded the female ISAF Rolex World Sailor of the Year Award.

After complimenting her fellow nominees, the golden girl of British sailing, Ayton commented, "It means such a lot to me to have won the Rolex World Sailor of the Year Award. I'm truly touched and proud. I hope to continue being an inspiration to women, young children and individuals who enjoy the sport that we love so much."

The Member National Authorities (MNAs) votes were tallied earlier in the day and then each guest at the ISAF Rolex World Sailor of the Year Awards ceremony had the opportunity to cast one vote. It was an evening of intense suspense and anticipation, for both the nominees and guests in attendance. The winners were presented with a Rolex timepiece and the ISAF Rolex World Sailor of the Year trophy.

This year's winners of the male ISAF Rolex World Sailor of the Year Award are the talented duo from

New Zealand campaigning in the **49er** for the 2016 Olympic Games in Rio. Burling and Tuke have dominated the sailing scene over the last year, winning ISAF Sailing World Cup regattas, Aquece Rio - International Sailing Regatta and the Trofeo Princesa Sofia, while also competing in the America's Cup World Series with Emirates Team New Zealand.

As Rolex have been so kind to sponsor yachting, here is an idea for a present for a man?

**Rolex Yachtmasters are nice!**



How about this as a present for a lady?



**This gold and diamond encrusted model is super!**



## Laying Up Supper a great success

We saw a full house for the laying up supper with 80 guests attending the beautifully laid out club house. Many thanks to Penny, Brigitte, Angela and Liz for the beautiful setting for the evening. Thanks also to Liz Parker and Jaqui and all the other helpers for the magnificent dinner. The club house was humming!



**Guest arriving at the Club**



**Guests on the patio for pre dinner drinks**



**I have put pics of all the seated members - I hope!**

All the photos are on the web site –  
Photos thanks to Liz Unwin







Liz receives her trophy from Hon Treasurer Jaqui







**Scotty receives his trophy from Tony RCS**



**Dave and Di working the bar**



**Grace and David Cullen receive the Offshore Trophy**



**Mike Parry wins the Commodore's shield**

Well done Mike, well deserved.



## Christine receives her PISC Coxswains certificate



**Tony presents Christine with her certificate**  
RCS Tony presents Christine Menzies with her certificate. She had not been on the island lately to collect it so Tony caught up with her in October. I'm just behind him!



## ISAF Disciplinary Decisions Watch out!

Disciplinary decisions within ISAF are determined by the ISAF Disciplinary Commission and ISAF Review Board. The rules of procedure of the ISAF Disciplinary Commission and the ISAF Review Board are available via the links below. With effect from 23 September 2013, the maximum fine that may be imposed by the Disciplinary Commission is **€50,000**. Questions, reports or comments on disciplinary matters should be sent in writing to the Chief Executive Officer.

### Here is an update:

#### Record of Decisions:

##### **Pontus Dolfei (SWE)**

Breach of Anti-Doping Code; Suspension of ISAF Eligibility for 30 months from 10 November 2014 to 9 May 2017 )

##### **Leandro Martin Luque (ARG)**

Breaches of good manners and sportmanship contrary to RRS 69; Suspension of ISAF Eligibility for 5 years from 30 October 2012 to 29 October 2017

##### **Martim Oliveira da Silva Monteiro (POR)**

Whereabouts failures; Competition Eligibility suspended until 10 October 2017

#### Recent Decisions:

##### **Matthew Mitchell (NZL)**

Regarding the 34th America's Cup; No further action ( )

##### **Chris Atkins (GBR)**

Allegation of gross misconduct; No case to answer (, [Decision2](#))

##### **Milica Dukic (SRB)**

Gross misconduct by a gross breach of sportsmanship and bringing the sport into disrepute, Suspension of ISAF Eligibility for 5 years from 1 July 2015 ([Decision1](#), [Decision2](#))

*The above information shows disciplinary sanctions that are currently in force or recent decisions of the Disciplinary Commission and/or Review Board.*

#### Disciplinary Procedure Documents:

[ISAF Disciplinary Commission – Rules of Procedure](#)

[ISAF Review Board – Rules of Procedure](#)

Article courtesy [Scuttlebut.com](#) & ISAF



## Clipper Race ploughs on

(November 18, 2015; Day 18) – After a highly anticipated build up, the western half of the Clipper Round the World Yacht Race fleet braced against a ferocious Southern Ocean storm in the last 24 hours and has come out smiling. As the front passes to the east, which brought winds of up to 80 knots, conditions are now easing with maximum gusts expected to be no more than 40 knots.



Da Nang – Viet Nam, Clipper Telemet+, PSP Logistics, Visit Seattle and Unicef experienced the heaviest weather, much to the delight of Visit Seattle Skipper Huw Fernie: “That was AWESOME! It’s been feeling a little bit like the party never started when we came down here to play in the southern oceans of the world, so much talk of sleigh rides, huge seas and storm after storm... all we had seen so far was a lot of cold! Not any more for the lucky crew on Visit Seattle, as we managed to stick ourselves in the rough stuff for a good day of it yesterday.

Huw added: “With storms like this there can be days of anticipation and building excitement, then you get there and it just builds and builds; each wave throws you in a slightly different direction, some shower the boat, others lurch you sideways or forwards or really wherever they want. We just float and go with it; there is nothing much else to do.”

For Da Nang – Viet Nam Skipper Wendy Tuck, the passing of the storm is allowing the team to enjoy the other beautiful elements the Southern Ocean has to offer: “The front has passed, the kite is up, birds are soaring, the sky is blue, air crisp and fresh, and the sea state is not too bad, wallowing with the occasional surf.

“We handled the front last night well. It wasn’t as bad we thought it would be so all good, no damage, a little less sleep than usual, but today the sun is shining. By tomorrow we will be in the Ocean Sprint.”

Five teams have now completed the Ocean Sprint but Derry~Londonderry~Doire continues to hold the fastest time of 17 hours 51 minutes after fourth placed Garmin and fifth placed Great Britain, which have faced much lighter winds through the course compared to the leading three boats, recorded respective lapsed times of 24 hours 41 minutes and 24 hours 35 minutes.

Mission Performance, in sixth place, is expected to complete the Ocean Sprint today, while Ichor Coal started the sprint this morning at 09:05:59 UTC.

Meanwhile at the front of the fleet LMAX Exchange continues its charge towards Albany with under 700 nautical miles to go to the Warden Whip finish line, followed by Derry~Londonderry~Doire and Qingdao.

It’s not over yet though because the teams have changeable and unpredictable weather conditions to battle with on the approach to Western Australia. Clipper Race Meteorologist Simon Rowell explains: “The ridge coming south, south-east from the high has passed over the central boats and is starting to catch the eastern ones. Over the next three days the high pressure should start to slide around Cape

Leeuwin, acting as a buffer for the next low. This has a reasonably strong front forecast and at the same time a strong coastal low should be setting up along the west coast of Australia.

“These systems are unstable and the forecast conditions for them will certainly change,” Simon warns.

**Report by Clipper event media.**

**Background:** The 40,000 mile Clipper 2015-16 Round the World Yacht Race began in London, UK on August 30 for the fleet of twelve identical Tony Castro designed Clipper 70s. The series is divided into 16 individual races, with the team with the best cumulative score winning the Clipper Race Trophy. Each team is led by a professional skipper with an all-amateur crew. The third leg began October 31 and takes the fleet 4845 nm from Cape Town, South Africa to Albany, Western Australia. The fleet is estimated to finish between November 22 and 26.

The ports along the race route are Rio de Janeiro, Brazil; Cape Town, South Africa; Albany, Sydney, Hobart and Airlie Beach, Australia; Da Nang, Vietnam; Qingdao, China; Seattle, USA; Panama; New York, USA; Derry-Londonderry, Ireland; and Den Helder, Netherlands before returning to London by late July.



## **Fancy Kite surfing on a foil with a friend?**

I saw this and immediately thought that this was a bit flash. The photo was taken off Hawaii in 35 knots of wind. It looks amazing and highly athletic. Thinking about it, nobody likes a show off, god knows what these two are like in the club house!





Photos courtesy: Scuttlebut.com



Photos Michael Petrikes

Quite impressive though! Presumably the photographer was being carried by another kite surfer!

## Paphos at Christmas



Christmas in the Sun! Lovely Jubbly. Photo: Chas



## Good Luck Christine

Christine Baker has been undergoing operations in U.K. and I understand from John she has another operation to go. We wish Christine and John all the best for Christmas and New Year. We hope you have a speedy recovery!



### Lots of Flags for Christine

At this time of year we also wish all members who are currently not well and undergoing medical treatment, that they quickly recover and have a good Christmas.

## New beach Launch vehicle purchased

We now have a launch vehicle at Agios Georgios



Photo: Brigitte - Suzuki tow car signed by Brian Parker  
 RCS has informed members that "The "new" towing vehicle has finally arrived. We are now the proud owners of a 2.0ltr Auto Suzuki Escudo 4x4 that looks remarkably like Jaqui's trusty machine (Many thanks Jaqui we will take good care of her). RCS would like to extend special thanks to those stalwart members who week in and week out have used their vehicles to launch and recover our safety boats despite the undoubted damage salt can/has caused their vehicles over time. This represents the true spirit of the club. Our new acquisition has been registered in the club's name and is insured for any club member between the ages of 25 - 70 who hold a full UK or Cyprus licence. It is also licensed for towing.

It will be permanently housed in RIB Shed #2 and managed by one of the sailing team, John Tremain on a day to day basis. It is primarily intend for:

- The launch and recovery of PISC dinghies.
- The towing of club safety boats on the public highway for periodic servicing, other charitable events (PAWS) and external regatta support.
- Collecting fuel for the Safety boats.
- In support of clubhouse activities, including the towing of the club's trailer, stored in the clubhouse container.

On a sailing day the final word on its use lies with the OOD, RCS or John Tremain.

To all of you on the Safety Boat, Beach or just generally helping out, it is vitally important that the vehicle is regularly and vigorously hosed down after each contact with salt water” – Tony RCS



## 2016 Offshore Rallies

### Spring Rally 14-28 May 2016

I have now started to firm up the details of the May Rally which is off to Athens and the Saronic Gulf. We have four, possibly 5 boats, starting from Alimos Marina, Athens. 21 Members have signed up to date

### Autumn Rally 3<sup>rd</sup> – 17<sup>th</sup> Sep 2016

I also have details and a file of charter boats available now for the September Rally to Turkey. I am currently looking at sailing from the Orhaniye area as the charter boats appear a little cheaper. We hope to visit bays and harbours, sailing to Marmaris and Fetiye during the two week Rally. Flights will be into Izmir. If you would like to put your names down or just register your interest let me know. Even if you are not sure please register.

## New PISC Sailing Forum

Recently RCS convened an Ad Hoc Sailing meeting to discuss a range of AG sailing topics that have been

proposed by members, either verbally or through the PISC Website forum. Attendees included the Commodore, Vice Commodore/Training Officer, RCS and Deputy RCS, plus 4 other experienced club sailors to gain a better cross section of members' views. More detail on each topic below will be communicated in due course, but the following represents a brief resume on the decisions reached that will affect sailing activities down at AG.

### Monthly Series (Mug) Competition.

With effect from 1 Jan 2016 a Monthly Mug competition will be introduced under separate Sailing Instructions. This competition will run alongside the existing Seasonal Series competition. A prize will be awarded to first place only. Mike Robb has kindly agreed to kick start this competition and provide the monthly prizes for the first year of competition. More details to follow shortly.

### Seasonal Series Competition.

Message from RCS - It was decided to change the Seasonal Series periods to better reflect club activity levels and members' availability with affect from 1 Jan 2016.

To facilitate the transition to the new schedule of Series racing for 2016 there will be a one month gap in Saturday racing when the current Autumn Series ends on 28th November. The new Winter Series will start on Sat 2nd January and run for 2 months until 27 th February 2016. More details to follow.

Actual start/finish dates to be refined, but each series will run as follows:

**Spring, Mar-Jun (4months);**

**Summer, Jul-Aug (2 Months);**

**Autumn, Sep-Dec (4 months);**

**Winter Jan-Feb (2 months).**

In addition, it was agreed to re-schedule the Summer Series First Signal timing from 1155 hrs to 1335 hrs in the hope of attracting better wind conditions. Finally, changes were also agreed to the scoring system as follows:

- Change DNC points score to maximum number of boats sailing in any one race, plus one.
- Change discards periodicity to allow more discards. Start at 5 races, then every 3 thereafter.
- Change rostered duty points to personal average in that series.



### **Sailwave.**

It was decided to introduce the Sailwave race scoring programme to the seasonal and Monthly Mug series to replace Dave Brown's bespoke programme.

### **Saturday Sailing.**

A Forum proposal to change Saturday sailing to a weekday due to high public use of A.G. at weekends was discussed. This was rejected because activity levels this year were adjudged to have not quite been the problem of previous years and a significant number of PISC members who work would be disadvantaged.

### **Suspension of August Sailing.**

A Forum proposal that PISC should take a break from sailing in August due to high temperatures and lack of members on island was also discussed. The meeting rejected this proposal as it was felt that we should promote sailing all year round and also be seen to be supporting Koula.

### **Safety Coxswain/Safety Crew Training.**

The meeting recognised the urgency of need to train the recently qualified coxswains up to Safety Cox standard to relieve the pressure on the current Safety Coxswains. They also identified a need to provide refresher training to existing Safety Coxswains. Finally, an additional Safety Crew course design was required to bring crew standards up, to include the methodology behind mark laying. The following decisions were taken:

- Arrange a 2 day Safety Cox Course for 9-10 Dec 2015 - for 4 students. Confirmed.
- Develop a Safety Coxswains Refresher Course for existing safety Coxswains.
- Develop a Safety Crew Course, to include basic Mark laying methodology
- Cost and provide Safety Access Steps on Safety Sinka. Completed
- Include minimum preparation of the second safety boat on Safety Coxswains Checklist

### **AG Sailing Information Brochure.**

RCS announced that he has recently completed work on a new sailing information brochure designed to be given to new members to acquaint them with AG and its sailing activities. This brochure will shortly be available from the Membership Secretary to new members, on the bar in the clubhouse, down at AG and on the club website.

The meeting felt that holding this type of forum periodically was in the club's best interests as a mean

of discussing sailing matters in a more inclusive manner. It was decided that the committee members at the meeting would remain the same, but that the 4 club sailing representatives could change from meeting to meeting widen the opinion of members as much as possible.

### **RCS - 21 November 2015**



### **Yoga for Dinghy Sailors**

We used to have our Yoga mistress in the form of "Bendy Claire" who put us through our paces (and downward dogs), unfortunately Bendy left for the U.A.E, specifically Dubai, to practise her Yoga.

I have a new Yoga mistress in mind, should the dinghy sailors wish to re-tune their silph like figures for the new sailing season. Perhaps Yoga could be practised at the Club House. Would anyone wishing to have Yoga in their lives again please contact me. We would need at least six or more regular monthly participants. The choice of day could be arranged as required. (Men only of course)!

The ladies could also have a session privately after the men if enough were interested.

That's the latest news, On behalf of the Commodore and the General Committee thanks for reading this news. Please send any articles to me or alert me to newsworthy items for future newsletters.

Have a great Christmas all the best and stay safe



**Chas Kimber**

**Editor**



**Paul Hutton-Ashkenny**

**Commodore**

Merry  
Christmas