

WINS BY A MILE!

The now famous "Monthly Mugs" sponsored by Mike, our deputy RCS of www.safarisports.com are getting to be as sought after as an Olympic Gold. Most recent winners were Robin Marsh and Cathy Lewis in their Kestrel Dinghy "Laissez Faire". My dictionary tells me that laissez faire means "..... leaving things to take their own course". Clearly Robin and Cathy took other courses and left all the other boats for dead. Congratulations Robin and Cathy.

Meanwhile the old sea dogs on the beach sucking on their pipes would explain that it was weight, or lack of it, that gave Robin and Cathy a considerable advantage. One needs only to look at the photograph to see that our winners together would hardly weigh much more than one of the two sailors on either side! (Come on now Mike and John our RCS - did I (moi) ever say that you were a couple of overweights?).

Swiftly on to another simple physics lesson.

A dinghy is slowed down by the friction of water passing over the surface of the hull. Peter Dawe our eponymous Regatta Photography Boat Skipper tells me that his power boat rarely does more than 8 mpg. Tell that to VW. So two heavy persons in a dinghy sets it much deeper in the water thereby increasing the surface area on which friction takes place. Conversely with a lighter crew the dinghy sits much higher in the water. And so it goes faster.

However this is such a great club and Cathy is such a generous and modest lady that to give all the other



Robin and Cathy between two big book ends.

dinghies a chance she explained in confidence that she and Robin sailed with half a ton of lead weight in the scuppers - and still won. Amazing. Sailing is such fun.

Hey everyone, don't forget to make a note of the date for our **Autumn Regatta Friday to Sunday 7 - 9 October 2016 at Agios Georgios.**

As part of this Regatta we will be hosting "The European Kestrel Open". Several top sailors, including the National Champion Stuart Murdock will be joining us. This really is a not to be missed event. And it is FREE.

www.pisc.com.cy will give you lots more information.